

PATIENT INFORMATION LEAFLET

ENERIVE® YELLOW VITA-C IMMUNE SHOT

COMPLEMENTARY MEDICINE – HEALTH SUPPLEMENT

This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS:

Not Scheduled



ENERIVE® YELLOW VITA-C IMMUNE SHOT (SOLUTION)

Active ingredient	Amount per 30ml serving
Ascorbic acid (Vitamin C)	1000 mg
Riboflavin (Vitamin B2)	2 mg
Sodium chloride (Elemental Sodium)	16 mg (6.2 mg)

Other ingredients: Purified water, Glycerol, Flavourant, Potassium sorbate (Preservative), Sucralose (Sweetener).

Gluten and lactose free.

Read all of this leaflet carefully because it contains important information for you.

ENERIVE® YELLOW VITA-C IMMUNE SHOT; is available without a doctor's prescription.

- Keep this leaflet. You may need to read it again.
- Do not share ENERIVE® YELLOW VITA-C IMMUNE SHOT with any other person
- Ask your healthcare provider or pharmacist if you need more information or advice.

What is in this leaflet:

1. What ENERIVE® YELLOW VITA-C IMMUNE SHOT is and what it is used for
2. What you need to know before you take ENERIVE® YELLOW VITA-C IMMUNE SHOT
3. How to take ENERIVE® YELLOW VITA-C IMMUNE SHOT
4. Possible side effects
5. How to store ENERIVE® YELLOW VITA-C IMMUNE SHOT
6. Contents of the pack and other information

1. What ENERIVE® YELLOW VITA-C IMMUNE SHOT is and what it is used for:

ENERIVE® YELLOW VITA-C IMMUNE SHOT is a health supplement uniquely formulated to assist in providing support of normal immune function and promoting physical well-being.

What can Vitamin C do for you:

- Supports a healthy immune system.
- Helps protect the body against pollutants and fights damage caused by free radicals.
- Essential for collagen production which revitalises hair, skin, muscles and joints.
- Promotes healthy cell development, normal tissue growth and repair (e.g wound healing).
- Contributes to the reduction of tiredness and fatigue.
- Helps to metabolise fats and proteins.

2. What you need to know before you take ENERIVE® YELLOW VITA-C IMMUNE SHOT:

Do not take ENERIVE® YELLOW VITA-C IMMUNE SHOT:

- if you are hypersensitive (allergic) to any of the listed ingredients.
- if you have kidney stones or high oxalate levels in your urine.
- if you have kidney problems.

Warnings and precautions - Take special care:

- if you have constant diarrhoea and irritation in your stomach or a stomach ulcer.
- if you are taking another multivitamin and mineral supplement. Do not take more than the recommended dosage.

Children and adolescents:

ENERIVE® YELLOW VITA-C IMMUNE SHOT is not recommended for children under the age of 9.

Other medicines and ENERIVE® YELLOW VITA-C IMMUNE SHOT:

Always consult your healthcare provider if you are taking any other medicine (this includes complementary or traditional medicines).

Pregnancy and breastfeeding:

If you are pregnant or breastfeeding your baby, think you may be pregnant or planning to have a baby, please consult your doctor, pharmacist or other healthcare providers for advice, before taking ENERIVE® YELLOW VITA-C IMMUNE SHOT.

3. How to take ENERIVE® YELLOW VITA-C IMMUNE SHOT:

Always take ENERIVE® YELLOW VITA-C IMMUNE SHOT exactly as instructed in this leaflet. You should consult with your healthcare provider if you are unsure. Take one 30ml bottle daily with or directly after a meal. Do not take on an empty stomach. Do not take more than the recommended dosage.

If you take more ENERIVE® YELLOW VITA-C IMMUNE SHOT than you should:

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

4. Possible side effects:

Not all side effects reported for ENERIVE® YELLOW VITA-C IMMUNE SHOT are included in this leaflet. Should your general health worsen, or if you experience any untoward effects while taking ENERIVE® YELLOW VITA-C IMMUNE SHOT, please consult your healthcare provider for advice.

If any of the following happens, stop taking ENERIVE® YELLOW VITA-C IMMUNE SHOT and tell your doctor immediately, or go to the casualty department at your nearest hospital:

- Diarrhoea, nausea, vomiting, heartburn, abdominal cramps, headache, insomnia.

If you notice any side effects not mentioned in this leaflet, please inform your pharmacist or healthcare provider.

Reporting of side effects:

If you develop any side effects, talk to your doctor or pharmacist. Please report side effect by sending an email to info@pharmafen.co.za

By reporting side effects, you can help provide more information on the safety of ENERIVE® YELLOW VITA-C IMMUNE SHOT.

5. How to store ENERIVE® YELLOW VITA-C IMMUNE SHOT:

Store all medicines out of reach of children. Store at or below 25 °C in a cool, dry place. Store in the original package/container and keep away from direct sunlight. Do not use it after the expiry date stated on the bottle and bottom of the unit carton. Return all unused medicine to your Pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

6. Contents of the pack and other information:

Active ingredients: Vitamin C (Ascorbic acid), Vitamin B2 (Riboflavin), Sodium chloride.

Other ingredients: Purified water, Glycerol, Flavourant, Potassium sorbate (Preservative), Sucralose (Sweetener).

What ENERIVE® YELLOW VITA-C IMMUNE SHOT looks like and contents of the pack:

Bright yellow solution in a clear PET bottle with a white tamper-evident cap, in a unit carton. Each unit carton contains 12 x ENERIVE® YELLOW VITA-C IMMUNE SHOTS.

Applicant:

Pharmafen (Pty) Ltd
449, 34th Avenue, Villieria,
Pretoria, 0186, South Africa
Email: info@pharmafen.co.za
Website: www.pharmafen.co.za



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